HOW TO FIND YOUR RING SIZE



1. MEASURE THE DIAMETER OF ONE OF YOUR OWN RINGS

If you do not know your size, you can measure the inside diameter of one of your own rings.

- Print out this page on an A4 sheet of paper. Remember to select print at 100% (Do not resize page).*
- Place your ring on the table of circles and find the inside diameter that corresponds to your Nomination Size.

If the diameter of your ring is between two sizes, we suggest that you choose the larger size.

* To ensure that your print settings are correct, measure the lines below on your print out to ensure that they correspond to 5 cm or 2 inches.

5 CM	
2"	

WOMEN RING

INTERNAL RING DIAMETER	1,60 CM	1,62 CM	1,65 CM	1,68 CM	1,72 CM	1,74 CM	1,78 CM	1,81 CM
INTERNAL RING CIRCUMFERENCE	5,02 CM	5,09 CM	5,18 CM	5,28 CM	5,40 CM	5,46 CM	5,59 CM	5,68 CM
nomination size	10	11	12	13	14	15	16	17
UNITED KINGDOM	К	L-1/2	м	N	0	O 1/2	Р	Q
EU / FR	50	51	52	53	54	55	56	57
USA	5	5,5	6	6,5	7	7	7,5	8

MAN RING

internal ring diameter	1,85 CM	1,88 CM	1,95 CM	2 CM	2,06 CM	2,12 €M
INTERNAL RING CIRCUMFERENCE	5,81 CM	5,9 CM	6,12 CM	6,28 CM	6,47 CM	6,66 CM
nomination size	18	19	21	23	25	27
UNITED KINGDOM	Q 1/2	R	Т	U	W	Υ
EU / FR	58	59	61	63	65	67
USA	8,5	9	9,5	10,5	11	12

